

# No Such Thing as a Bad Kid

Understanding and Responding to Kids with Emotional & Behavioral Challenges Using a Positive, Trauma-Informed, Strength-Based Approach

## *A Full-Day Workshop for Professionals Working with Children, Youth & Families Struggling with Emotional and Behavioral Challenges*

Presented by Youth Care Specialist & Author, Charlie Appelstein, MSW

Hosted by Chesapeake Beach Professional Seminars & Appelstein Training Resources

**Date:** June 15, 2019    **Times:** 9:00am-4:00pm (registration at 8:30am)

**Location:** Brandon Conference Center, 2 Winter Street, Natick, MA 01760

**Cost:** \$85/Participant. Register 5 or more staff members and receive a \$10.00 discount per attendee. Space is limited. This training offers 6 CEUs.

Coffee, pastry and juices will be served in the am. Pizza and soda for lunch. Afternoon snacks and drinks.

### **The Program**

Strength-based practice is an emerging approach to guiding at-risk individuals that is exceptionally positive and inspiring. Its focus is on strength-building vs. flaw-fixing. This engaging yet powerful workshop will highlight many of the key principles and techniques of this transforming modality. Topics covered: What is strength-based practice and the power of a positive attitude & culture; the effects of trauma and positive emotions on the brain; strength-based communication techniques including: reframing, solution-focused questions, positive-predicting, and inspirational metaphors; how to help cognitively-inflexible young people; the importance of engaging families; strategies and activities for enhancing self-esteem in at-risk kids; a host of creative cognitive-behavioral techniques; core verbal interventions including de-escalation strategies and the power of humor; when and how to use incentives; respectful, relationship-based limit-setting; and strategies for helping professionals manage number one first & stay motivated to do the job.

### **Who Should Attend:**

Child & youth care workers, regular and special educators, social workers, therapists, foster parents and staff - any professional guiding children, youth, and families struggling with emotional & behavioral issues.

### **About the Presenter:**

Charlie Appelstein, M.S.W. is an internationally prominent youth care specialist and author. He has authored three youth care books that are widely used within the field, including *No Such Thing as a Bad Kid: Understanding and Responding to Kids with Emotional & Behavioral Challenges Using a Positive, Strength-Based Approach* & *The Gus Chronicles: Reflections from an Abused Kid*

**"Charlie is the best youth care trainer in America."**

Robert Lieberman, Former President, American Association of Children's Residential Centers

For additional info about this workshop and Charlie, visit [www.charliea.com](http://www.charliea.com); call 1-877-766-4487; email [charlieap@comcast.net](mailto:charlieap@comcast.net); visit [www.fscebook.com/charlietraining](http://www.fscebook.com/charlietraining). Visit [www.charliea.com](http://www.charliea.com) for cancellation policy

\*CBPS is approved by the Maryland State Board of Social Work to sponsor Category I CE programs; approved by the National Board of Certified Counselors to offer CE for National Certified Counselors (NBCC) Provider # 5763; approved by the Board of Behavioral Sciences in CA to offer CEUs for MFCCs and LCSWs. Approved by the National Assoc. of School Psychologists, provider # 1067. CBPS maintains responsibility for this training. Email us at [cbps2006@yahoo.com](mailto:cbps2006@yahoo.com).

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Using a Positive, Trauma-Informed, Strength-Based Approach  
**Full Day Workshop Registration Form – June 15, 2109**

Name: \_\_\_\_\_ Email address: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Employer: \_\_\_\_\_

\$85/person –\$10.00 discount to schools and programs that register 5 or more staff members.

TOTAL AMOUNT PAID \_\_\_\_\_

Make checks payable to ATR (Appelstein Training Resources, LLC). Mail to 12 Martin Avenue, Salem, NH 03079

Credit Card#: \_\_\_\_\_ Exp Date: \_\_\_\_\_ CVC#: \_\_\_\_\_

Name on Card: \_\_\_\_\_ Zip Code: \_\_\_\_\_

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**Charlie Appelstein, M.S.W., Appelstein Training Resources, LLC, 12 Martin Ave, Salem NH 03079**  
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