

Charlie Appelstein, M.S.W.



Charlie Appelstein, M.S.W. is a nationally prominent youth care specialist and author whose primary focus is on teaching positive, strength-based theories and techniques to professionals who guide at-risk children and youth. President of Appelstein Training Resources, LLC, Charlie trains and consults throughout the United States as well as internationally, with treatment facilities, foster care associations, parent groups, schools, and juvenile justice programs. He has authored three youth care books that are widely used within the field, including *No Such Thing as a Bad Kid: Understanding and Responding to the Challenging Behavior of Troubled Children and Youth*. Charlie lives in southern New Hampshire with his wife and teenage daughter.

“Charlie Appelstein is the best youth care trainer in the country.”

Robert Lieberman, M.A., LPC

Former President of the American Association of Children’s Residential Centers

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